

PHD COURSE IN MUSIC THERAPY RESEARCH November 8 – 14, 2020

Department of Communication
and Psychology
MusicTherapy
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The course takes place in Musikkens Hus in Aalborg, Denmark, and online via Zoom for PhD students and guest researcher, who are not able to attend due to Corona.

Rooms and locations

Aalborg University

MH = [Musikkens Hus](#), Musikkens Plads 1, 9000 Aalborg. Room 339 (3rd floor)

RBG = Rendsburggade 14 ([Create](#)), 9000 Aalborg.

(see also AAUMAP: (<http://map.aau.dk/>))

Teaching and presenting at this course will be undertaken by Bolette Daniels Beck, Gustavo Gattino, Inge Nygaard Pedersen, Niels Hannibal, Stine Lindahl Jacobsen, Ulla Holck, and Hanne Mette Ridder. During the course, Evangelia Papanikolaou and Jens Anderson-Ingstrup will defend their doctoral dissertations at a public viva. Doctoral researchers participating and presenting research in progress are Dana Yacobson, Lars Rye Bertelsen, Julie Kolbe Krøier, Julie Ørnholt Bøtker, and Tim Honig. Visiting doctoral researchers are Angel Leung, Helene Waage, Marie Falk, and Snow Ren.

The PhD course is in English. Music therapy students are invited to the lectures marked with ►
The doctoral students' presentations are only open to the group of doctoral researchers, professors and invited guests.

Programme

Saturday November 7 or Sunday 8 Arrival into accommodation in Aalborg.

Accommodation in Aalborg before and after the course is arranged individually by doctoral students, with Anne Kubel Teilskov (ajohan@hum.aau.dk) taking care of reimbursement.

Sunday November 8

Supervision time with individual supervisor

17.00 Opening meeting for the group of doctoral researchers in Musikkens Hus or on zoom

18.00-19.00 Tech rehearsal for PhD presentations

Monday November 9

- 09.00 Individual meetings and supervision time
- 10.30-11.30 **Hanne Mette Ridder**: Phenomenology and hermeneutics. Similarities and differences in methodology and analysis
- 11.30 Break
- 11.45-12.30 **Inge Nygaard Pedersen**: Applying a controlled research design with a vulnerable client population in mental health care. Categories of possible/not possible challenges and reflections of coping strategies
- 12.30 Lunch
- 13.30-14.30 **Tim Honig**: Random[ly] [Un]Controlled Trial: A Pilot RCT in Time of Covid-19.
- 14.30 Break
- 14.45-15.45 **Dana Yacobson**: Music therapy for preterm infants and their parents: a cluster randomized controlled trial. Results, analysis and interpretation processes
- 15.45 Break
- [16.00 Tech rehearsal for assessment committee]
- 17.00-18.00 **Julie Ørnholt Bøtker**: How to unfluff the fluffy? A research project about the concept of authenticity within music therapy, music teaching and music performance

Tuesday November 10

- 09.00 Individual meetings and supervision time
- 10.00-11.00 **Anne Marya Greve**, Aalborg University Library and the VBN Team: Preparing your submission from the beginning. Tips and tricks for preparing, formatting and finalising.
- 11.00 Break
- 11.15-12.15 **Lars Rye Bertelsen**: "Seek and thou shall find" – a look into the recent research literature
- [12.15 2nd progress report meeting with LRB]
- 12.30 Lunch
- [13.00 Tech rehearsal for committee]
- 13.30-14.30 **Christian Jantzen**: Walking-along to capture user experiences
- 14.30 Break
- 16.00-16.45 PhD viva: **Evangelia Papanikolaou**: Receptive music therapy in oncology: Guided Imagery and Music during the course of active treatment for breast and gynaecologic cancer. A two-part preliminary investigation
Join Zoom for the defence: <https://aaudk.zoom.us/j/63835435667>
Meeting ID: 638 3543 5667
Passcode: 763013
Contact persons: Hanne Porsborg Clausen, tel. 9940 9083 / email: hannepc@hum.aau.dk
- 16.45 Break
- 17.00 Questions from the Evaluation Committee
. Associate Professor, PhD **Charlotte Lindvang**, Aalborg University
. Associate Professor **Eric Waldon**, University of the Pacific
. Professor **Gro Trondalen**, Norwegian Academy of Music
Defence Moderator:
. Associate Professor **Niels Hannibal**
- 18.30 Questions from the audience (If you wish to pose questions to Evangelia Papanikolaou's lecture or research, please send your question to the defense moderator during the break: hannibal@hum.aau.dk)
- 19.00 Conclusion (The Evaluation Committee meets to finalize the evaluation report)

Wednesday November 11

- 10.30-12.30 Pre-defence: **Julie K. Krøier**: Exploring Person Attuned Musical interactions in Dementia Care. Presentation of three sub-studies and their integration in the thesis
- 12.30 Lunch

[12.30 4th progress report meeting with JUKK]

13.30-14.15 PhD viva: [Jens Anderson-Ingstrup](#): 'A flexible fit. Developing a suitable manual frame for person attuned musical interaction'

Join Zoom for the defence: <https://aaudk.zoom.us/j/62640412575>

Meeting ID: 626 4041 2575

Passcode: 369101

Contact persons: Hanne Porsborg Clausen, tel. 9940 9083 / email: hannepc@hum.aau.dk

14.15 Break

14.30 Questions from the Evaluation Committee

. Associate Professor **Ulla Holck**, Aalborg University (Chair)

. Professor **Helen Odell-Miller**, Anglia Ruskin University

. Professor **Thomas Wosch**, University of Applied Sciences Würzburg-Schweinfurt

Defence Moderator:

. Lektor **Stine Lindahl Jacobsen**

16.00 Questions from the audience (If you wish to pose questions to Jens Anderson-Ingstrup's lecture or research, please send your question to the defense moderator during the break: slj@hum.aau.dk)

16.30 Conclusion (The Evaluation Committee meets to finalize the evaluation report)

Thursday November 12

09.00 Individual meetings and supervision time

10.00-10.45 ► **Niels Hannibal**: Searching the literature: process, findings and considerations

10.45 Break

11.00-12.00 **Marie Falk**: Outlines of an Investigation into the Use of Timing and Entrainment in Music and how it can influence the Human Nervous System and help relieve Total Pain Symptoms.

12.00 Break

12.15-13.15 **Helene Waage**: Tone and attunement: Co-singing in families living with dementia

13.15 Lunch

14.15-15.15 **Snow (Tingting) Ren**: The Historic Role of Culture in Case Studies

15.15 Break

15.30-16.30 **Angel Leung**: Asian music therapy educators' experiences of teaching music therapy in Asia after receiving formal training outside of their home country

16.30 Break

16.45-17.15 **Kerry Devlin**: Case Formulation in Music Therapy Clinical Practice: Proposed Project Overview

Friday November 13

09.00 Individual meetings and supervision time

10.00-11.00 ► **Gustavo Gattino**: Interpreting research data in music therapy research

11.00 Break

11.30-12.30 **Bolette Daniels Beck**: Carrying out a randomized clinical trial – music therapy versus active control in a clinic for traumatized refugees – lessons learned!

12.30 Lunch

13.30-14.30 **Sanne Storm**: Research into the psychometrics of VOIAS (Voice Assessment profile) and it's feasibility in clinical practice focusing on the perinatal population

14.30 Break

14.45-15.45 **Hanne Mette Ridder**: Closing meeting

15.45 Individual meetings and supervision time

End of course

Content of the course

The course will include a rich mixture of course work, and aims to cover the following topics of learning, each counting 1 ECTS:

- a) Reflexive methodology including data administration and data analysis,
- b) Objectivistic methodology including data administration and statistical analysis,
- c) Research Ethics and reflexivity,
- d) Theory of science,
- e) Academic writing and Dissemination.

The working methods for the courses consist of workshops, round table discussions, lectures, presentations of research in progress with feedback from the professors and the peer group.

Information about Aalborg

Aalborg city and **booking** of accommodation: www.visitaalborg.com/In-int/aalborg/tourist

Bus and train: <https://www.nordjyllandstrafikselskab.dk/English/Bus-&-train>

Travelling in Denmark: <http://www.rejseplanen.dk/>

Bus number 12, during daytime every 15 minute between Aalborg **airport** (lufthavn) to Aalborg Center (Nytorv): <https://www.nordjyllandstrafikselskab.dk/Bus---togtrafik/Koereplaner/Koereplan?sid=AA0012>

The newest version of the programme to be found at the website:

<http://www.mt-phd.aau.dk/>

Hanne Mette Ridder & the team, November 7, 2020

Reading list

- Anderson-Ingstrup, J. (2020). 'A flexible fit. Developing a suitable manual frame for person attuned musical interaction'. (Abstract PhD thesis)
- Beck, B. D., Lund, S. T., Søggaard, U., Simonsen, E., Tellier, T., Cordtz, T. Laier, G., Moe, T. (2018). Music therapy versus treatment as usual: Protocol of a randomized non-inferiority study with traumatized refugees diagnosed with posttraumatic stress disorder (PTSD). *Trials*, 19:301.
<https://doi.org/10.1186/s13063-018-2662-z>
- Jia, R., Liang, D., Yu, J., Lu, G., Wang, Z., Wu, Z., ... & Chen, C. (2020). The effectiveness of adjunct music therapy for patients with schizophrenia: A meta-analysis. *Psychiatry Research*, 113464.
- Laverty, S. M. (2003). Hermeneutic phenomenology and phenomenology: A comparison of historical and methodological considerations. *International journal of qualitative methods*, 2(3), 21-35.
- Papanikolaou, E. (2020). Receptive music therapy in oncology: Guided Imagery and Music during the course of active treatment for breast and gynaecologic cancer. A two-part preliminary investigation. (Abstract PhD thesis)
- Pedersen, I.N., Bonde, L.O., Hannibal, N.J., Nielsen, J., Aagaard, J., Bertelsen, L.R., Jensen, S.B. & Nielsen, R.E. (2019). Music Therapy as treatment of negative Symptoms for Adult Patients Diagnosed with Schizophrenia – Study Protocol for a Randomized, Controlled and Blinded Study. *Medicines* 2019, 6(2), 46; <https://doi.org/10.3390/medicines6020046>
- Skov, M., Lykke, M., & Jantzen, C. (2018). Introducing Walk-alongs in Visitor Studies: A Mobile Method Approach to Studying User Experience. *Visitor Studies*, 21(2), 189-210.
<https://doi.org/10.1080/10645578.2018.1549396>
- Starks, H., & Brown Trinidad, S. (2007). Choose your method: A comparison of phenomenology, discourse analysis, and grounded theory. *Qualitative health research*, 17(10), 1372-1380.
- Storm, S. (2018). The Voice Assessment Profile (Chapter 16). In S. L. Jacobsen, E. G. Waldon & G. Gattino (Eds). *Music Therapy Assessment: Theory, Research, and Application*. Jessica Kingsley Publishers.