



PHD COURSE IN MUSIC THERAPY RESEARCH

April 26 – May 2, 2026

[Version 260425]

Aalborg University
Department of Culture &
Communication
Music Therapy
Prof. Dr Hanne Mette Ridder
Musikkens Hus
9000 Aalborg, DK
hmr@ikp.aau.dk
www.mt-phd.aau.dk

Rooms and locations

Aalborg University

MH = [Musikkens Hus](#), Musikkens Plads 1, 9000 Aalborg. Room 445 (4th floor)

RBG = Rendsburggade 14 ([Create](#)), 9000 Aalborg.

(see also AAUMAP: (<http://map.aau.dk/>))

Teaching and presenting at the course will be undertaken by guest researchers Annie Heiderscheit, Barbara Zahchi, Christine Dysers, Jose Laporte, Niels Christian Hansen, and by members of the music therapy research team; Bolette Daniels Beck, Charlotte Lindvang, Gustavo Gattino, Niels Hannibal, Stine Lindahl Jacobsen, Ulla Holck, and Hanne Mette Ridder. Doctoral researchers and guest researchers participating and presenting research in progress are Alberto Balducci, Diandra Russo, Eva Phan Quoc, Gabriela Nicolau, Jenny Burnazzi, Lorenzo Bernini, Maria Gjerulff Schmidt, Selina Kehl, Timothy Trevor-Briscoe, and Tobias Kranz. Sheila Pereiro Martínez will present and defend his PhD thesis at a public viva. The PhD course is in English. Music therapy students are invited to the lectures marked with ►

Programme

Sunday April 26

MH-445

- 16.00-17.00 **Hanne Mette Ridder & Charlotte Lindvang:** Opening meeting for the group of doctoral researchers
- 17.45 Dinner at nearby restaurant
- 19.30 End of day

Monday April 27

MH-449, 445, RGB 3.529

- 09.00-12.00 **Charlotte Lindvang and Hanne Mette Ridder:** Workshop. Using musical and creative exploration to understand your research from new perspectives
- 12.00 Lunch
- 13.00-13.45 ► **PhD defence**
Sheila Pereiro Martínez: Music therapy during weaning from mechanical ventilation in the intensive care unit: a randomised controlled trial
Supervisors: Assoc. Professors Bolette Daniels Beck and Stine Lindahl Jacobsen
Location: Room 3.529 (5th floor, zone 3), Rendsburggade 14, 9000 Aalborg.
For online participation: <https://aaudk.zoom.us/j/64607655337>
Meeting ID: 646 0765 5337. Passcode: 742854
- 14.00-16.00 ► Questions by the Assessment Committee
- Assoc. Professor Gustavo Gattino, Aalborg University (chair)

- Professor Annie Heiderscheit, Anglia Ruskin University, UK
 - Assoc. professor, Jose Medrano Laporte, University of the Basque Country, Spain
- 16.00 Reception
- 18.30 Dinner

Tuesday April 28

MH-445

- 10.00-10.15 Morning song
- 10.15-11.15 ► **Jose Laporte:** Health Data Visualization: Seeing to Understand, Communicate, and Decide
- 11.30-12.30 ► **Annie Heiderscheit:** Integrating emotional and physical health: Cross-case analysis of the Hero's Journey in GIM
- 12.30 Lunch
- 13.30-14.30 **Diandre Russo:** "Turning the Phenomenological Kaleidoscope" - Preliminary Data Sketches from the Monochord Study
- 14.45-15.45 **Eva Phan Quoc:** Conceptualising a Music Therapy Approach: The Privilege of Diving Deep
- 16.00-17.00 **Selina Kehl:** Exploring Interpersonal Synchrony within a Triadic Creative Music Therapy Setting: A Focus on the Study Design
- 17.00 Essay'it
- 17.15 End of day

Wednesday April 29

MH-445

- 09.00-10.00 ► **Gustavo Gattino:** Neuroscience Frontiers in Music Therapy Research: From Brain Networks to Organoids
- 10.15-11.15 **Maria Gjerulf Schmidt:** From learning space to care space: An autoethnographical exploration of PAMI based musical care practices in dementia care
- 11.30-12.30 **Tobias Kranz:** Ego state-based music therapy (ESMT) for depression – update and data analysis
- 12.30 Lunch
- 13.00-14.00 **Jenny Burnazzi:** The Lived Experience of Music Therapy (MT) in Adolescents with Eating Disorders (EDs) in an Inpatient Setting: A Work in Progress – Current Project Status and Future Research Directions
- 14.15 A walk along the fjord
- 14.45-16.45 Workshop at North Urban Art Studio, Akvavitvej, 9000 Aalborg
- 17.00 Dinner at nearby restaurant

Thursday April 30

MH-445

- 09.00-10.00 ► **Christine Dysers:** Field Notes from Music Academia
- 10.15-11.15 ► **Niels Christian Hansen:** Socioemotional experiences of classical concert audiences
- 11.30-12.30 **Tim Trevor-Briscoe:** Music Therapy Integration in Healthcare: Between Institutional Rhythms and Professional Agency
- 12.30 Lunch
- 13.30-14.30 **Alberto Balducci:** Enactive musicking. Musical interaction as embodied social cognition
- 14.45-15.45 **Lorenzo Bernini:** Towards an Integrated Methodological Model for the Study of a Music Therapy Intervention in Preterm Toddlers During their Second Year of Life
- 16.00-17.00 **Maria Gabriela Nicolau:** A practice-based reflection on a long-term music therapy group with older adults
- 17.00-17.15 Essay'it
- 19.00 Concert: Mahler's Resurrection symphony
<https://musikenshus.dk/mahlers-opstandelsessymfoni>

09.00-10.00	Barbara Zanchi : My journey in music therapy
10.15-11.15	Bolette Daniels Beck : Journal club. Pain-reducing effects of music interventions
11.30.12.15	Hanne Mette Ridder : Perspectives on graphical abstracts for presenting research
12.15	Lunch
13.15-14.00	Closing meeting and Essay'it
14.00	End of the PhD course

Readings for the course

Heiderscheid, A., Short, A., Trondalen, G., & Young, L. (2025). An integration of physical and psychological health through The Hero's Journey in Guided Imagery & Music: A cross-case analysis. *The Arts in Psychotherapy*. <https://doi.org/10.1016/j.aip.2025.102348>

Oliverio, M., & Wright, D. E. (2025). The art of the graphical abstract—a visual approach to scientific storytelling. *FEBS letters*, 599(24), 3549-3552 (first four pages). <https://doi.org/10.1002/1873-3468.70163>

Koelsch, S., & Bradt, J. (2025). A neuroscientific perspective on pain-reducing effects of music: Implications for music therapy and mental well-being. *Annals of the New York Academy of Sciences*, 1550(1), 71-76. <https://doi.org/10.1111/nyas.70015>

Parr, H., & Hu, J. (2025). Music interventions to reduce anxiety and pain in surgical patients: an umbrella review. *Journal of PeriAnesthesia Nursing*. 40(5), 1316-1324. <https://doi.org/10.1016/j.jopan.2024.11.009>

Content of the PhD course

The course will include a rich mixture of course work, and aims to cover the following topics of learning, each counting 1 ECTS:

- a) Reflexive methodology including data administration and data analysis,
- b) Objectivistic methodology including data administration and statistical analysis,
- c) Research Ethics and reflexivity,
- d) Theory of science,
- e) Academic writing and Dissemination.

The working methods for the courses consist of workshops, round table discussions, lectures, presentations of research in progress with feedback from the professors and the peer group.

The newest version of the programme to be found at the website: <http://www.mt-phd.aau.dk/>

Hanne Mette Ridder and the team