

PHD COURSE IN MUSIC THERAPY RESEARCH April 16–18, 2024

Department of Communication
and Psychology
MusicTherapy
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Teaching and presenting at the course will be undertaken by guest professors Annie Heiderscheit, Barbara Wheeler, Christian Gold, and Tony Meadows, and by members of the music therapy research team; Bolette Daniels Beck, Charlotte Lindvang, Inge Nygaard Pedersen, Niels Hannibal, Stine Lindahl Jacobsen, Ulla Holck, and Hanne Mette Ridder. Doctoral researchers participating and presenting research in progress are Diandra Russo, Hannah Riedl, Joyu Lee, Kerry Devlin, Lars Rye Bertelsen, Rut Wallius, and Sheila Martinez. Visiting doctoral researchers are Eva Phan Quoc, Maria Schmidt, and Marie Falk.

The PhD course is this time online. Music therapy students are invited to the lectures marked with ► The doctoral students' presentations are open only to the group of doctoral researchers, professors and invited guests.

Programme

Tuesday April 16

- 11.00 **Hanne Mette Ridder:** Opening meeting for the group of doctoral researchers
- 12.00 break
- 12.15 **Sheila Pereiro Martínez:** Ethics in research: music therapy, randomised control trial, vulnerability and the humanisation of critical care
- 13.15 break
- 13.45 **Hannah Riedl:** "Let's face the presentation": Talking about your music therapy PhD project
- 14.45 break
- 15.15 **Rut Wallius:** Thinking, writing, re-thinking, re-writing - and trying to produce an article
- 16.15 Essay'it
- 16.45 Group preparation for the presentation by Barbara Wheeler
- 17.30 break
- 18.00 ► **Barbara wheeler:** Exploring Qualitative Music Therapy Research from Three Perspectives: Phenomenological, Grounded Theory, and First-Person.
- 19.30 End of day

Wednesday April 17

- 11.00 ► **Annie Heiderscheit:** Feasibility of the Bonny Method of Guided Imagery and Music in eating disorder treatment: Clients' perceived benefits and challenges
- 12.00 break
- 12.30 **Eva Phan Quoc:** The old, the new, and the in-between: Gathering implicit and explicit knowledge on a music therapy approach
- 13.30 break
- 14.00 **Joyu Lee:** Examining the emotion regulation process in receptive music therapy: A meta-ethnography
- 15.00 break
- 15.30 **Diandra Russo:** "The vibrations in between" - A phenomenological inquiry into the intersubjective experiences using monochord sounds in a dyadic setting
- 16.30 Essay'it
- 17.00 Preparing for Gold Q&A
- 18.00 End of day (or supervision time)

Thursday April 18

- 11.00 **Christian Gold:** Q&A session with Christian Gold on RCT designs and statistics
- 12.00 break
- 12.15 **Marie Falk:** A qualitative phenomenological study on music therapy for patients with cancer and extensive palliative needs
- 13.15 Break
- 13.30 **Jens Anderson-Ingstrup & Hanne Mette Ridder:** Journal club
- 14.30 break
- 15.00 ► **Anthony Meadows:** Defining Music Therapy Musicianship: An Analysis of Music Therapists' Clinical Practice
- 16.00 Essay'it
- 16.30 **Hanne Mette Ridder:** Closing meeting
- 17.00 End of course (or supervision time)

Readings for the course

- Heiderscheit, A. (2023). Feasibility of the Bonny Method of Guided Imagery and Music in eating disorder treatment: Clients' perceived benefits and challenges. *The Arts in Psychotherapy, 86*.
<https://doi.org/10.1016/j.aip.2023.102086>
- Matney, B. (2021). Music therapy as multiplicity: Implications for music therapy philosophy and theory. *Nordic Journal of Music Therapy, 30*, 3-23.
- Ridder, H. M. O., Krøier, J. K., Anderson-Ingstrup, J., & McDermott, O. (2023). Person-attuned musical interactions (PAMI) in dementia care. Complex intervention research for constructing a training manual. *Frontiers in Medicine, 10*, 0-13. <https://doi.org/10.3389/fmed.2023.1160588>
- Wheeler, B. (2016). Principles of interpretive research (Chapter 9, pp. 97-107). In B. L. Wheeler & K. Murphy (Eds.) *An introduction to Music Therapy Research* (3rd Ed.). Available through Aalborg University Library (<https://ebookcentral.proquest.com/lib/aalborguniv-ebooks/reader.action?docID=4868655>)

Supplementary readings

- Gonzalez, P. J. (2011). The impact of music therapists' music cultures on the development of their professional frameworks. *Qualitative Inquiries in Music Therapy, 6*, 1-33.

- Rolvjord, R. & Stige, B. (2015). Concepts of context in music therapy. *Nordic Journal of Music Therapy*, 24(1), 44-66.
- Wheeler, B. L., & Baker, F. A. (2010). Influences of music therapists' worldviews on work in different countries. *The Arts in Psychotherapy*, 37(3), 215-227. <https://doi.org/10.1016/j.aip.2010.04.006>
- Wheeler, B. L. (1999). Experiencing pleasure in working with severely disabled children. *Journal of Music Therapy*, 36(1), 56-80. <https://doi.org/10.1093/jmt/36.1.56>
- Wheeler, B. L. (2002). Experiences and concerns of students during music therapy practica. *Journal of Music Therapy*, 39(4), 274-304. <https://doi.org/10.1093/jmt/39.4.274>

Content of the PhD course

The course will include a rich mixture of course work, and aims to cover the following topics of learning, each counting 1 ECTS:

- a) Reflexive methodology including data administration and data analysis,
- b) Objectivistic methodology including data administration and statistical analysis,
- c) Research Ethics and reflexivity,
- d) Theory of science,
- e) Academic writing and Dissemination.

The working methods for the courses consist of workshops, round table discussions, lectures, presentations of research in progress with feedback from the professors and the peer group.

The newest version of the programme to be found at the website:

<http://www.mt-phd.aau.dk/>

Hanne Mette Ridder & the team, April 12, 2024